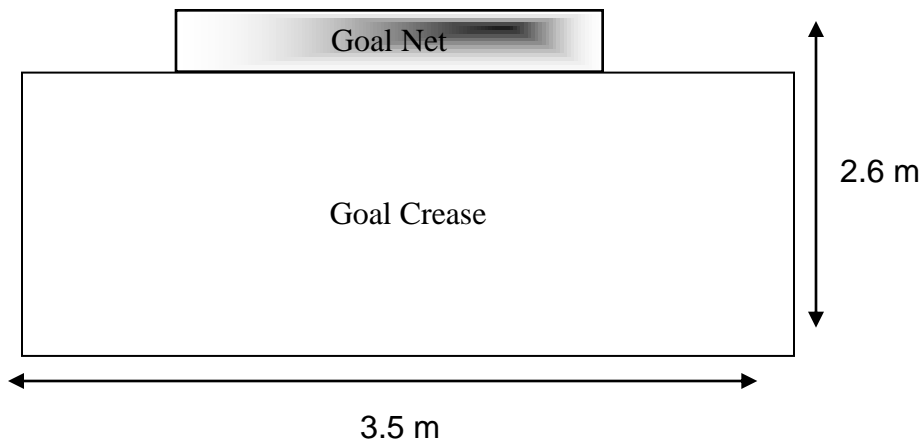


Bordenball Rules

Players 1 Goalie, 2 Defense, 3 Forwards

Scoring Throw the ball into opponents' goal

Equipment 2 Hockey nets, 1 Official Mini Mini Hand Ball Supplied by the Region, goal crease to be set up in front of the nets as shown:



Playing Rules:

- (1) Game begins with a basketball **toss at center**, with all players remaining on their own side of the center line until the ball is tossed. **The first team to grab the ball gains possession.**
- (2) A player may **hold the ball for 3 seconds only.**
- (3) A **player may not take more than 3 steps** while holding the ball.
- (4) The ball is advanced by passing. **If the offensive team makes a pass that hits the floor, no matter who touches it, the defensive team takes over the ball at the exact point of change of possession.**
- (5) When a player picks up the ball after the other team loses possession, **he/she must pass the ball and not shoot it.** If a player intercepts the ball before it touches the floor, he/she may shoot immediately.
- (6) A goal may be scored by a shot that hits the floor before going into the net. **Rebounds caught in the air may continue to be played by the attacking team.** Rebounds that hit the ground result in a goalie's ball.

- (7) The referee will award a **penalty shot** in the following situations:
- a) A player grabs or knocks the ball from an opponent's hand
 - b) A player interferes with opponents' legitimate attempts to play the ball on a change of possession.
 - c) A player pushes, blocks, or shoves an opponent (no physical contact is allowed).
 - d) A player who does not demonstrate fair play (taunting an opponent, bad language, poor attitude towards officials, etc).
 - e) A defensive player goes inside his own goal crease while opponents have the ball.

***Penalty shots are taken from a line 5 metres from the goal line. The goalie must keep his feet on the goal line until the penalty shot has been taken. The shooter must not step over the penalty shot line. All other players must remain behind the center line. The ball is in play once the shot has been made. The goalie at the time of the penalty must face the penalty shot.

(8) After a goal, the scoring team retreats to their own end and must wait for the ball to cross the center line. A team must not delay putting the ball into play after a goal is scored.

- (9) A crease violation is defined as having 1 or 2 feet entirely inside the crease.
- a) If a defensive player is in his/her own crease while opponents have the ball, a penalty shot is awarded to the player with the ball.
 - b) A defensive player in his/her own crease while his own team has the ball will result in a loss of the ball.
 - c) An attacking player in the opponent's crease will result in a loss of the ball to the defending team.

**A goal will be awarded to a player who scores when they throw from outside the crease, but whose momentum carries them inside the crease.

Each game will be played with two 12 minute halves in a series of 2 minute shifts. Grade 4's will start followed by the 5's and 6's.

Each game will be 24 minutes in length with a 2 minute warm-up and 2 minute half time.